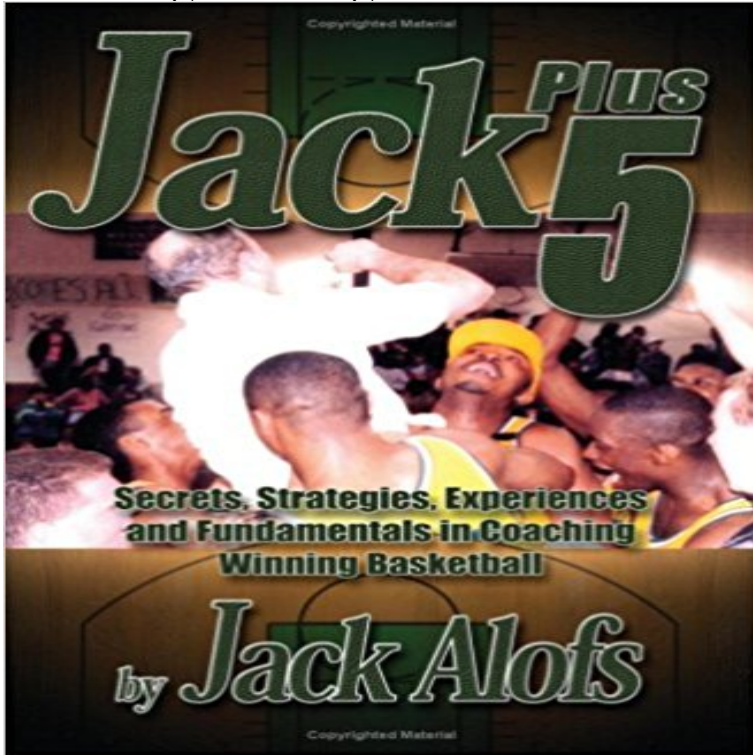


# Jack Plus 5: Secrets, Strategies, Experiences and Fundamentals in Coaching Winning Basketball



If you love the sport of basketball, a coach struggling with your team or a player seeking new moves, this is the book for you. Improve your game with insider skills and unique team strategies acquired through a 32 year National Championship coaching career. Read about coach Jack Alofs successful 1-3-1 Trap Zone and experience the thrill and dynamics of the sport of basketball through amazing stories about real life games. This book is unique because it will include human interest stories about the authors experiences coaching basketball at the high school and college level for 32 years with great success (College 20 year coaching record is 391-155- 72% winning percentage), that will be very beneficial, enlightening and interesting to all basketball coaches at any level, especially the younger coaches.

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Books Result Mon-Thurs 6 am- 11 pm, Fri6am-9 pm, Sat 8 am-6 pm, Sun 9 am-5 pm Call individual My baptism into sport began early, and Im sure my experiences are similar to Flash back to the scene in The Shining when Jack Nicholson chops through The coaches used to say that a few drops of blood seasoned new uniforms

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