

The Wild Oats Project: One Woman's Midlife Quest for Passion at Any Cost



The project was simple: Robin Rinaldi, a successful magazine journalist, would move into a San Francisco apartment, join a dating site, and get laid. Never mind that she already owned a beautiful flat a few blocks away, that she was forty-four, or that she was married to a man she had been in love with for eighteen years. What followed--a year of abandon, heartbreak, and unexpected revelation--is the topic of this riveting and beautifully-written memoir, *The Wild Oats Project*. Monogamous and sexually cautious her entire adult life, Rinaldi never planned on an open marriage, but, now in midlife, she realized that in order to feel like she had lived fully, she needed the freedom to explore her desires. During the week she lived alone, doing just that. On the weekends, she went home to be a wife. Her marriage provided safety and love, but she also needed passion, and she was willing to go outside her marriage to find it. At a time when books about eroticism and the shifting roles of women top the bestseller lists, this brave, brutally honest memoir explores how our sexuality defines us, and how we must walk the line between loving others and staying true to ourselves. Like the most searing memoirs, *The Wild Oats Project* challenges our sensibilities, yielding truths that few would dare write down.

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