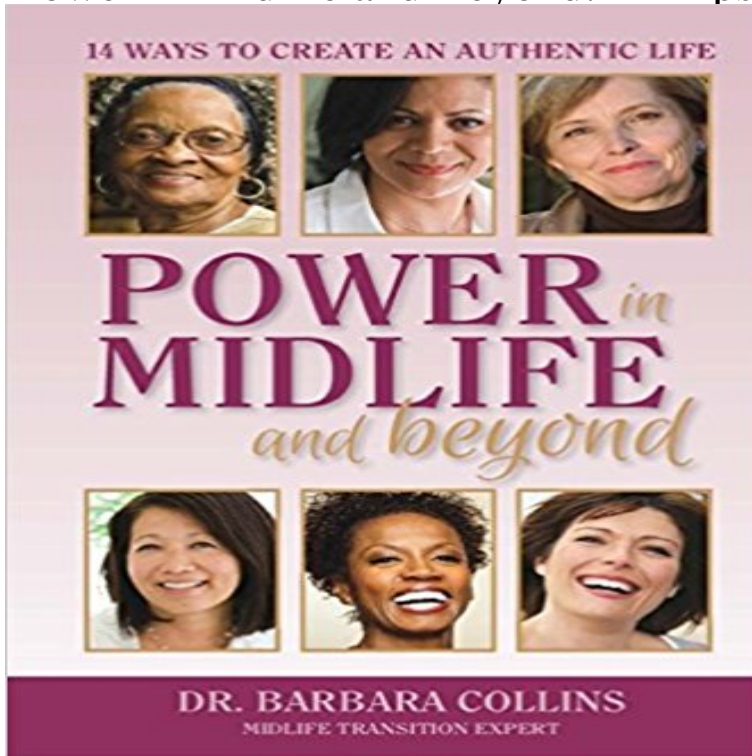


Power in Midlife and Beyond: 14 Tips to Create an Authentic Life



Power in Midlife and Beyond is a resource to inspire people to change attitudes about retirement. Dr. Collins motivates women to discover natural strengths to create authentic second careers, enjoy midlife and beyond and discover a powerful sense of purpose to fill the longevity gap. When women discover natural strengths they will feel fulfilled and joyful doing what they love. This book is filled with personal stories and anecdotes using authentic tips to create funding streams. Dr. Collins's keynote mantra is, "We are more than we think we are, really!" After speaking to numerous audiences over the past seven years promoting her first book, *It's Your Turn: Find Your Authentic Self and Go Fetch It!* Dr. Collins realized the need for a second book. People, especially women, requested additional information on how to figure out what's next. *Power in Midlife and Beyond* fills the longevity gap to create an authentic life that gives you passion, joy and a sense of purpose. She teaches how to use natural strengths with a sense of ease that provides gratification in midlife and beyond. Readers will discover that perhaps after six months in retirement watching soaps, letting do lunch, shopping, and piddling around the house is not working. Maybe doing something that is fulfilling like using natural strengths as a way to get out of the house and feel powerful. No one can design the last chapter of your life but YOU.

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