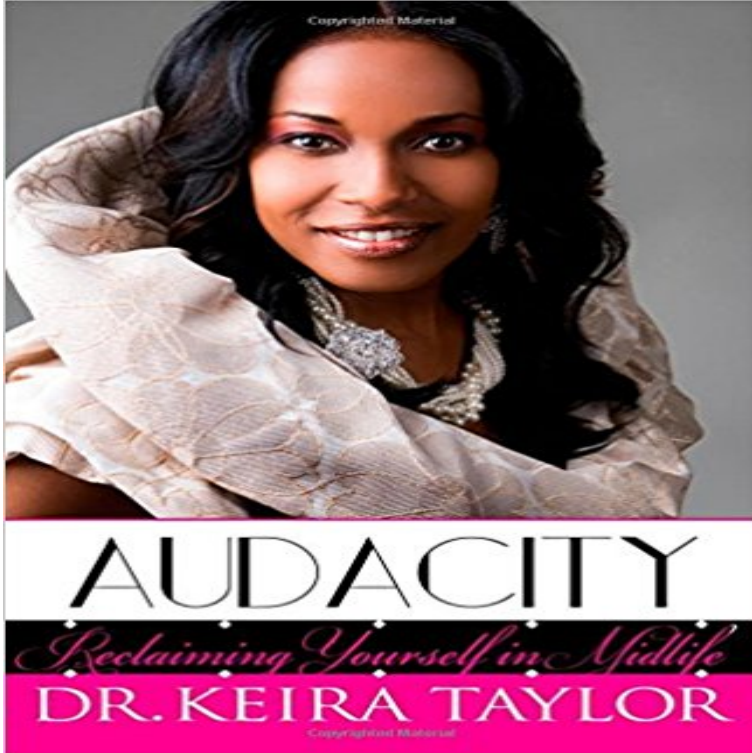


Audacity: Reclaiming Yourself In Midlife



In her fourth book, *Audacity*, Dr. Keira is unpacking the trials and triumphs of the midlife transition as it relates to redesigning one's life, renegotiating relationships, and renewing the sacred commitment to oneself. This is Dr. Keira, Straight...no chaser. In *Audacity*, Dr. Keira is on fire and is setting fires all over the place as she deals with issues of religion, relationships, and sex. The book is informative, as well as transformational. Midlife is the opportunity to resolve our conflicts with our various belief systems. Discard that which no longer serves you. Discard the nonsense. Discard the divisiveness. Discard the ugliness and the indoctrination that causes harm to others. It is the time of a new spiritual formation that brings us into a place of peace and inner integrity. It is during this phase of life that we reject what we feel is harmful to us and embrace the beliefs and values that work for us. We are no longer as children fearful of an angry and punitive God. As we unlearn harmful conceptualizations of God, we discover an amazing growth and development that allows us to fully express our best and authentic selves, free of pretense and fear. This is the version of yourself that the world has been waiting on. " Dr. Keira Taylor

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chaser.. The book is informative, as well as transformational. Midlife is the opportunity to
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