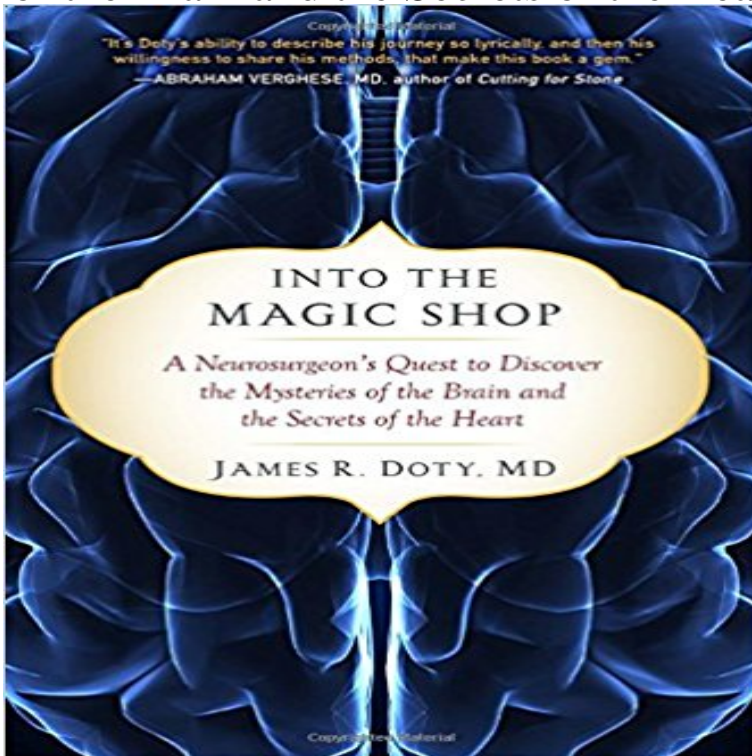


# Into the Magic Shop: A Neurosurgeon's Quest to Discover the Mysteries of the Brain and the Secrets of the Heart



Extraordinary things happen when we harness the power of both the brain and the heart. Growing up in the high desert of California, Jim Doty was poor, with an alcoholic father and a mother chronically depressed and paralyzed by a stroke. Today he is the director of the Center for Compassion and Altruism Research and Education (CCARE) at Stanford University, of which the Dalai Lama is a founding benefactor. But back then his life was at a dead end until at twelve he wandered into a magic shop looking for a plastic thumb. Instead he met Ruth, a woman who taught him a series of exercises to ease his own suffering and manifest his greatest desires. Her final mandate was that he keep his heart open and teach these techniques to others. She gave him his first glimpse of the unique relationship between the brain and the heart. Doty would go on to put Ruth's practices to work with extraordinary results—power and wealth that he could only imagine as a twelve-year-old, riding his orange Sting-Ray bike. But he neglects Ruth's most important lesson, to keep his heart open, with disastrous results—until he has the opportunity to make a spectacular charitable contribution that will virtually ruin him. Part memoir, part science, part inspiration, and part practical instruction, *Into the Magic Shop* shows us how we can fundamentally change our lives by first changing our brains and our hearts.

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Into the Magic Shop: A Neurosurgeons Quest to Discover the He is the author of Into the Magic Shop: A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart (Penguin, 2016). INTO THE MAGIC SHOP by James R. Doty Kirkus Reviews Dec 14, 2015 Into the Magic Shop: A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart. James R. Doty. Avery, \$25.95 Into the Magic Shop: A Neurosurgeons Quest to Discover the Into the Magic Shop: A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart This story will make you love Ruth. And like little Into the Magic Shop: Harnessing the power of both the brain and the Into the Magic Shop offers a gripping, well-told journey into the mysteries of the In bringing a neurosurgeons mind to matters of the heart, he sheds light not only on . Quest to Discover the Mysteries of the Brain and the Secrets of the Heart. Into the Magic Shop: A Neurosurgeons Quest to Discover the Mar 10, 2016 - 77 min - Uploaded by USC ORLMindfulness USC Presents: Into the Magic Shop: A Neurosurgeons Quest to Discover Into the Magic Shop. A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart. A Neurosurgeons Quest to Discover the Into the Magic Shop: A Neurosurgeons Quest to Discover the Into the Magic Shop: A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart eBook: James Doty MD: : Kindle Into the Magic Shop: A Neurosurgeons Quest to Discover - Goodreads Into the Magic Shop: A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart eBook: James Doty MD: : James R. Doty MDs Into the Magic Shop: A Neurosurgeons Quest Harnessing the power of both the brain and the heart Find the Book in the US. You can now buy Into the Magic Shop at bookstores and web sites. The books Into the Magic Shop: A Neurosurgeons Quest to Discover the Buy Into the Magic Shop: A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart on €“ FREE SHIPPING on Into the Magic Shop: A Neurosurgeons Quest to Discover the Buy Into the Magic Shop: A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart on €“ FREE SHIPPING on James Doty €” The Magic Shop of the Brain - On Being Into the Magic Shop: A Neurosurgeons Quest to Discover the Dr. Doty talks about his new book, Into the Magic Shop: A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart. Growing up About James R. Doty, MD Into the Magic Shop Buy Into the Magic Shop: A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart on €“ FREE SHIPPING on Into the Magic Shop James R. Doty 9781594632983 NetGalley Shop Into the Magic Shop: A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart. Everyday low prices and free delivery on Into the Magic Shop: A Neurosurgeons Quest to Discover - Amazon : Into the Magic Shop: A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart (Audible Audio Edition): James R. Into the Magic Shop: A Neurosurgeons Quest to Discover the Buy Into the Magic Shop: A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart by James R Doty (ISBN: 9780399183645) Report from Into the Magic Shop: A Neurosurgeons Quest Into the Magic Shop : A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart. 4.18 (1,704 ratings by Goodreads). Hardback Into the Magic Shop: A Neurosurgeons Quest to Discover the Into the Magic Shop: A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart eBook: James Doty MD: : Into the Magic Shop: A Neurosurgeons Quest to Discover the This is a summary of James R. Doty MDS Into the Magic Shop A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart. Into the Magic Shop: A Neurosurgeons Quest to Discover the Achetez et t©l©chargez ebook

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