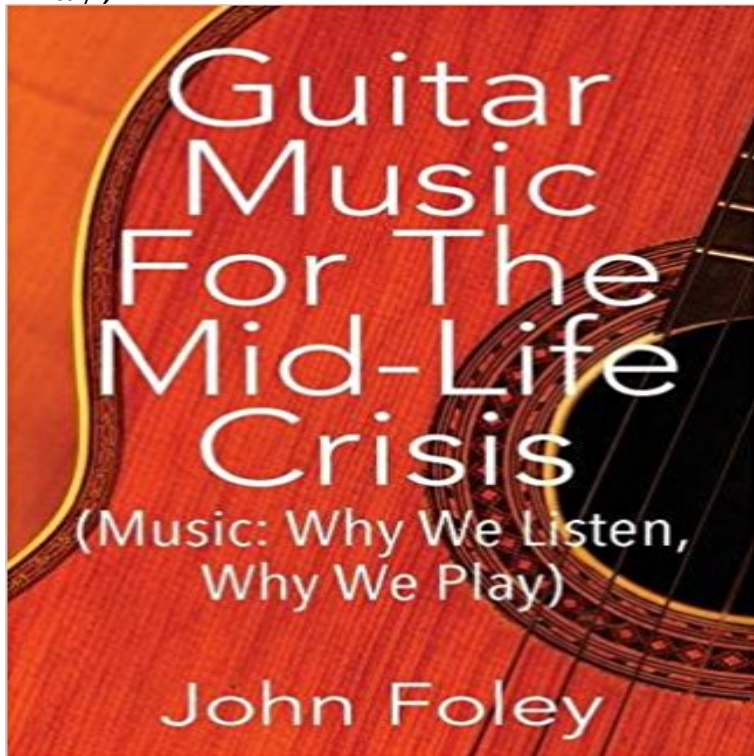


Guitar Music for the Mid-Life Crisis: (Music: Why We Listen, Why We Play)



John Foley is a musician and Music Therapist who has performed across the US and Canada. After years of Rock & Roll bands he began working as accompanist for Oscar Brand, sharing stages with Pete Seeger, Arlo Guthrie, Odetta, Richie Havens and many others. Recordings include Rock & Roll, Folk songs, childrens music and educational programming for the Smithsonian Institute, the BBC and The Canadian Broadcasting Co. Somewhere in my late 50s I realized that I was losing interest in music. After forty-some years as a fan, would-be player, student, musician, performer and teacher, I realized that I just didnt care much anymore. Worse yet, it didnt seem to bother me. I had played and listened to music because I wanted to and needed to. Now I mostly played when I had to and wasnt listening with any particular interest. Ironically, I was working as a Music Therapist, using music to try and improve the lives of people with everything from Autism to Alzheimers Disease. If music worked for them, why didnt it work for me? When the phrase, Physician, heal thyself, is quoted in the New Testament, its cited as a proverb, meaning it was already an old notion two thousand years ago. Musician, heal thyself was almost the title of this book. When we try to fix something, it helps to know how it worked when it was working properly. I was going to have to start at the beginning. Bruce Springsteen once wrote, I swear I found the Secret to the Universe / in the engine of an old parked car.

Well, I didnt do that but I did look into an old comic drinking song and found the ancient roots of a major religious belief system. And I realized that, from a neurological standpoint, playing music is the closest you can get to tickling yourself. You may have seen someone crunch Wint-O-Green LifeSaver candies in a dark room to produce sparks but you might not know how that phenomenon can apply to amplifying guitars. Theres a story h

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Finding the meaning of music - The West Milford Messenger

We all have those bands that make us want to listen to them again and again. Any true music fan knows how passionately we tend to speak about Arthur: Dan and I have been playing in bands together forever, since the early 90s. .. In general though, I start with a scratch guitar track and a click track and

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: Seer: Seer Series - Book One (9781478771906 Guitar Music for the Mid-Life Crisis. (Music: Why We Listen, Why We Play). John Foley. VÅr pris: 171,-. (Paperback). Leveringstid: Usikker levering* *Vi bestiller

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Guitar Music for the Mid-Life Crisis by John Foley, published by MidLifeCrisis We play at Wing Shack on the Third Friday of Every Month. blues musicians who bring those great numbers back to life with great guitar I love playing with Mid Life Crisis because these are the songs I grew up listening to

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