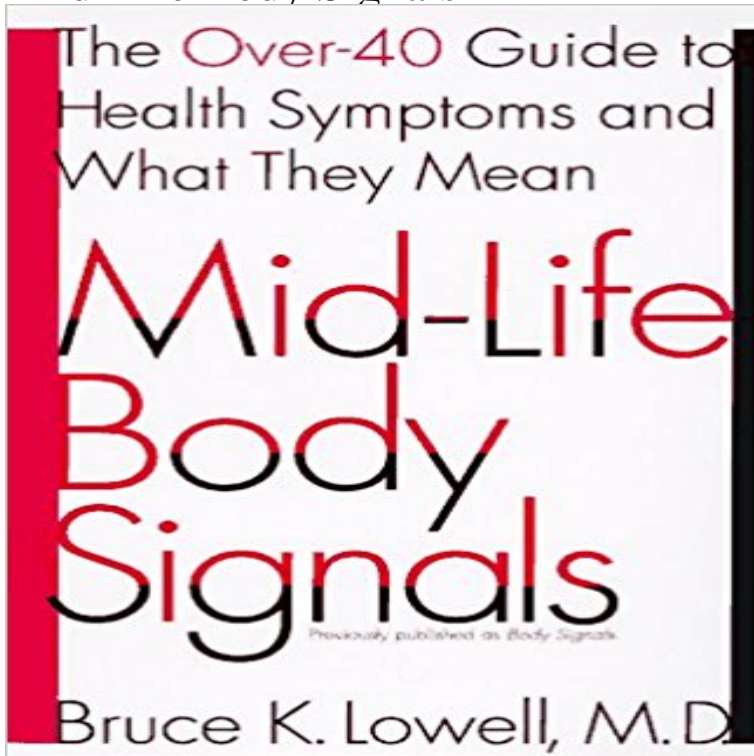


## Mid-Life Body Signals



Americas health-care system is going through tremendous changes, changes which demand greater knowledge on the part of the patient than ever before. Under managed health care, a patient may be faced with a gatekeeper, a doctor who assesses their medical situation in a brief meeting and prescribes treatment or makes referrals. With Mid-Life Body Signals, readers will be able to obtain the knowledge they need in order to get the best care in this new health-care environment. In a highly accessible format that systematically covers every part of the body, Dr. Bruce K. Lowell tells readers when they can relax about their symptoms, when to be concerned and when to seek medical attention quickly. He covers combinations of symptoms and takes into account how aging affects different physiological systems. The book also contains appendices indicating which tests are most applicable for given symptoms.

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