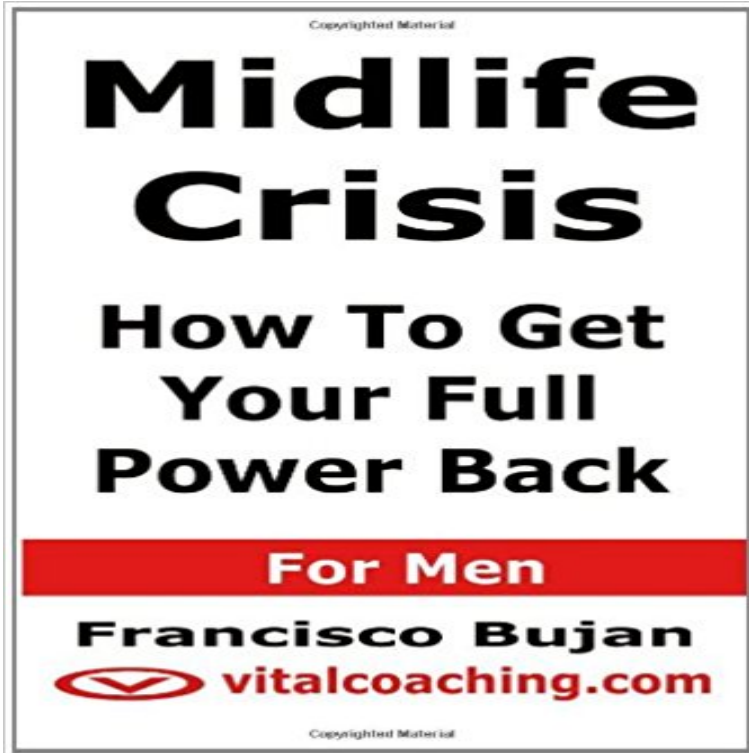


# Midlife Crisis - How To Get Your Full Power Back - For Men



Midlife Crisis? These strategies should be common knowledge and still... As a man, you can go through 80 years of existence without ever hearing about the basics that create a fulfilling and balanced life! - A midlife crisis is an awakening! - It is a transition into a new era of your existence - Of course, some hormonal changes might be impacting on your biochemical balance but everything is in the mind - In this powerful book, I give you strategies and support to help you understand why being in the midlife zone is so thrilling - I give you tactics for business, body and love life to make sure that you don't self sabotage yourself - These strategies are the result of 10 years of experience coaching guys healthily transition through the midlife zone - If by any chance you still need targeted support after reading this book, you can contact me for one on one power kick sessions by phone.

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