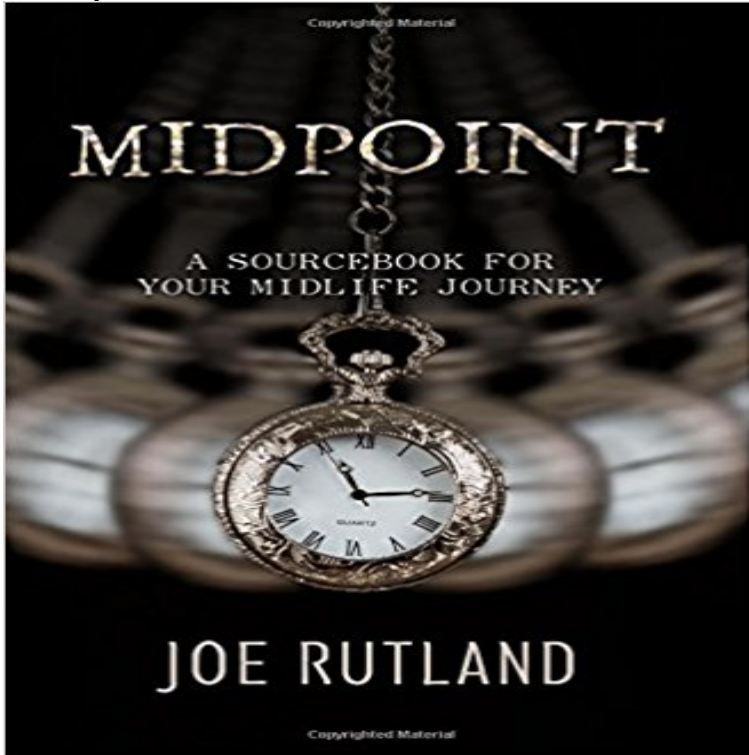


# Midpoint: A Sourcebook For Your Midlife Journey



Many accomplishments and emotions fill a person's lifetime, whether they take place at home, in the workplace, or on the road. Success and failure have a way of calibrating life's time clock when it's off by a second or two. These experiences, when gathered together, form a tapestry that is special, unique and wonderful. It also takes on more meaning during a person's 50th year alive. In "Midpoint: A Sourcebook," author Joe Rutland offers a collection of highs and lows from his own excursions while being 50 years old. He draws upon those in-the-moment events, as well as a look back upon numerous life experiences, for inspiration. Through the stories laid out in seven special sections, Rutland offers you an opportunity to take stock of your own life. His stories nudge you toward asking questions and looking within yourself. "Midpoint: A Sourcebook" provides plenty of opportunities to go inside the boundaries of a story and see what you could have done differently or how you would have handled these situations.

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