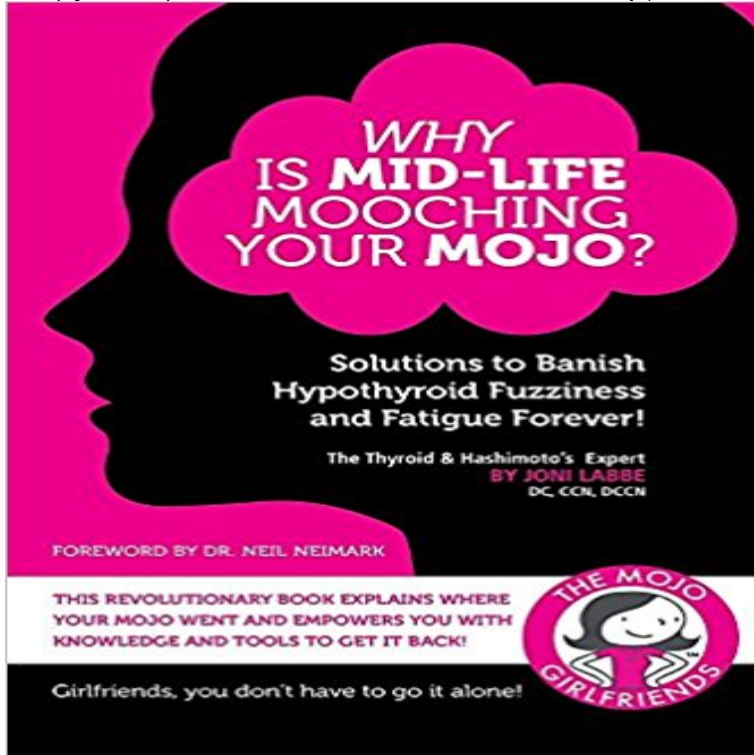


Why is Mid-Life Mooching Your Mojo?: Solutions to Banish Hypothyroid Fuzziness and Fatigue Forever!



You Are Not Lazy, Crazy, Or Finished! Are you experiencing: Fatigue Energy crashes Brain fog Memory loss Insomnia Irregular cycles Hot flashes Night sweats Weight gain The transition into menopause can take ten or more years, and be a wildly unpleasant ride at times. Challenging? Yes. But, girlfriends, don't let mid-life mooch your mojo. Instead, embrace this time as a wake-up call to win back your health and passion for life. Dr. Labbe's 9-step program offers powerful, science-based nutritional therapy and holistic lifestyle solutions to ease the mid-life transition, reclaim your mojo, and restore yourself to vibrant health. This revolutionary book explains where your mojo went and empowers you with the knowledge and tools to get it back! It includes a detailed discussion of all the factors that may be causing your chronic fatigue and menopause-like symptoms, including a thyroid condition called Hashimoto's, adrenal fatigue, food allergies, and even a leaky gut! Dr. Joni Labbe DC, CCN, DCCN, FCCN has successfully guided women through the many seemingly mysterious, unchecked root causes of the issues of mid-life, through her powerful Mojo Girlfriends™ program. She is a Board Certified Clinical Nutritionist, Dr. of Chiropractor, former radio personality host of Healthier Way with Dr. Labbe, professional speaker, and nutritional writer for numerous health and fitness magazines. She continues to live with Hashimoto's

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