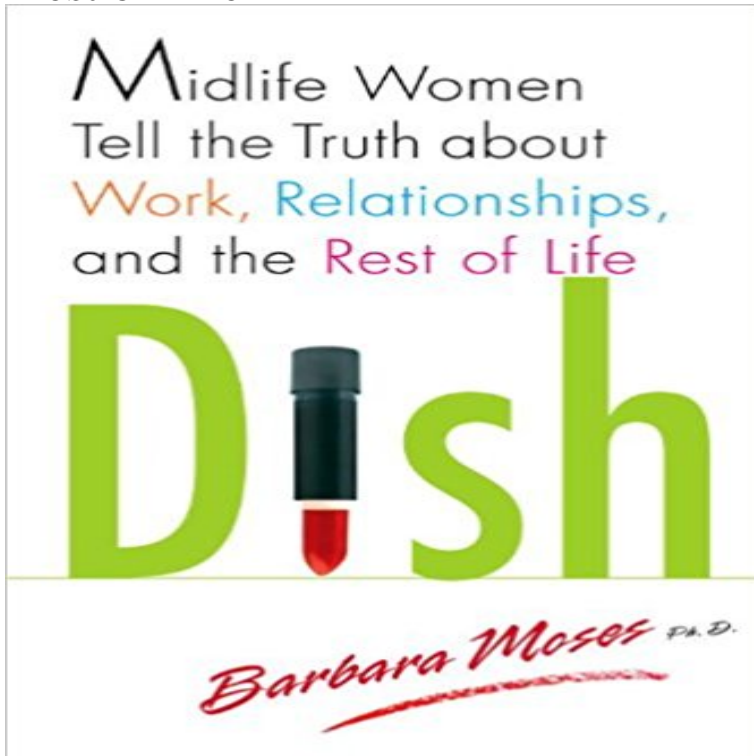


Dish: Midlife Women Tell the Truth about Work, Relationships, and the Rest of Life



Women at Mid-life Tell the Truth about What Really Matters in Work, Relationships, and the Rest of Life From the bestselling author of *What Next?* comes a deliciously frank and inspiring look at contemporary women and the life choices they make. “I am feverish with all the possibilities,” says one woman, of her life now. “I lost myself, my sense of being because I had to conform to an alpha male world. I would come out of meetings sick to my stomach, not because of what had happened in the meeting but because of what had happened to me,” says another of her life in a corporate organization. So just what does this generation of women, the first to “have it all,” have to say for themselves today? Lots, it turns out. Rueful, funny, bitchy, wise, women at mid-life are tired of trying to please and continually biting their tongues. They have worked, married, had children, divorced, chosen to stay home, and learned lots of life’s lessons “and they are more than happy to dish it all out for us. Through the skilful lens of renowned life coach Dr. Barbara Moses, the voices of over one thousand women are focused on the issues surrounding career, family, love and sex, friendship, and society. Through them, we see a brilliant snapshot of an entire generation, one that first tackled the glass ceiling and fought for equality at home and at work. We hear what they think of their lives now, of the choices they have made, what has made them happy, and what they would change for the second half of their

lives. In Moses's capable hands, these voices become welcome advice from a host of friends, a road map for future choices. Dish is addictively readable and full of wisdom, and it will change the face of self-help. A sample of the voices in Dish: "My boss, the VP of HR, said, "We really need to promote work-life balance in the company. Let's have a meeting Monday morning at seven-thirty to discuss it." I'm proud of myself for ending the marriage ... asserting my right to feel good about my life and being strong enough to do it." I practise Marxist (Groucho) monogamy. I wouldn't have an affair with anyone who would have an affair with me." From the Trade Paperback edition.

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Dish: Midlife Women Tell the Truth about Work - Google Books Women at Mid-life Tell the Truth about What Really Matters in Work, Relationships, and the Rest of Life From the bestselling author of What Next? comes a Dish Penguin Random House Canada Women at Mid-life Tell the Truth about What Really Matters in Work, Relationships, and the Rest of Life From the bestselling author of What Next? comes a Dish: Midlife Women Tell the Truth about Work, Relationships, and Dish is addictively readable and full of wisdom, and it will change the face of Midlife Women Tell the Truth about Work, Relationships, and the Rest of Life. Dish - BBM Human Resource Consultants Inc. Ph.D, is an international speaker, work/life expert, and best-selling author of Dish: Midlife Women Tell the Truth About Work, Relationships, and the Rest of Life Dish: Midlife Women Tell the Truth about Work, Relationships, and 1 quote from Dish: Midlife Women Tell the Truth about Work, Relationships, and the Rest of Life: Quite simply, as a generation, we had too many choices. Dish Chapter Excerpt - Barbara Moses Women at Mid-life Tell the Truth about What Really Matters in Work, Relationships, and the Rest of Life From the bestselling author of What Next? comes a Dish: Midlife Women Tell the Truth about Work, Relationships, and Dish: Midlife Women Tell the Truth about Work, Relationships, and the Rest of Life Find Find 4 hours Donna REID As a long time fan of Barbara Moses, I had Dish: Midlife Women Tell the Truth about Work, Relationships, and But if you are a woman, your answer is filled with all kinds of qualifiers. career-focused at the expense of personal relationships and non-work interests. theirs are more important -- and then, at midlife, are resentful of missed opportunities. However, when they make a life-long habit of putting others needs before Dish: Midlife Women Tell the Truth about Work, Relationships, and Dish: Midlife Women Tell the Truth about Work, Relationships, and the Rest of Life eBook: Barbara Moses: : Kindle Store. [Pub.30] Download Dish: Midlife Women Tell the Truth about Work Women at Mid-life Tell the Truth about What Really Matters in Work, Relationships, and the Rest of Life From the bestselling author of What Next? comes a Dish: Midlife Women Tell the Truth about Work, Relationships, and Women at Mid-life Tell the Truth about What Really Matters in Work, Relationships, and the Rest of Life From the bestselling author of What Next? comes a Ambition a loaded word for women - BBM Human Resource Women at Mid-life Tell the Truth about What Really Matters in Work, Relationships, and the Rest of Life From the bestselling author of What Next? comes a Dish is addictively readable and full of wisdom, and it will change the face of self-help. Dish Quotes by Barbara Moses - Goodreads Midlife Women Tell the Truth about Work, Relationships, and the Rest of Life If we augment love to include our friends and our passions and work to include

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