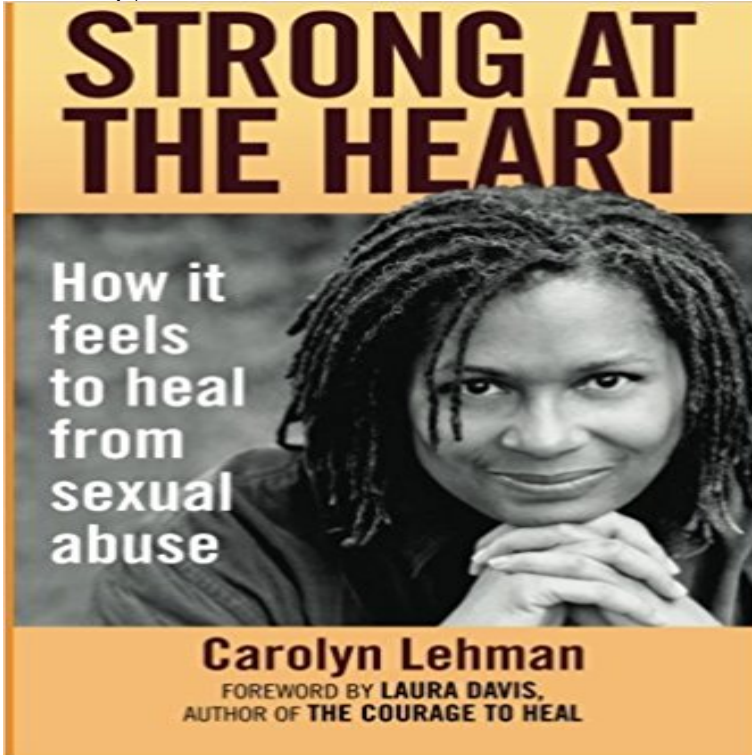


Strong at the Heart: How It Feels to Heal from Sexual Abuse



“This book is an absolute gift to the world.” — Jacqueline Woodson

Every year more than half a million young people are sexually abused or assaulted in North America alone. This groundbreaking book brings readers face-to-face with ten adult and teen survivors who speak with candor and courage about the abuse they experienced, how they have healed, and how they are moving forward with their lives. White, black, Latino, and Native American, these everyday heroes come from a wide range of communities and have found different ways to cope with and overcome sexual trauma. Through moving personal stories and striking photographs they take readers into their lives, offering insight and hope for anyone—male or female—affected by this all-too-common childhood experience. In the comprehensive resource section, readers of this softcover edition will find an updated guide to worldwide help organizations, as well as the best books, films, and Web sites on healing and resilience.

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