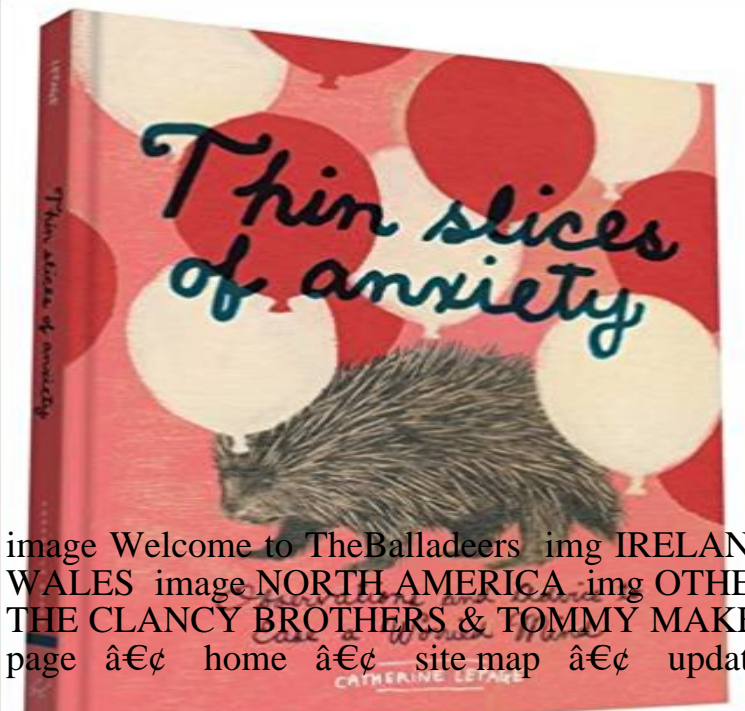


Thin Slices of Anxiety: Observations and Advice to Ease a Worried Mind



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