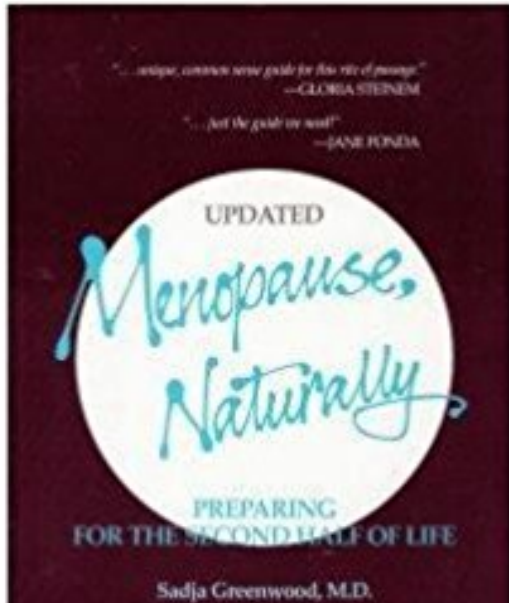


Menopause, Naturally: Preparing for the Second Half of Life



Completely updated, all-new information addresses the troubling questions women have about post-menopausal therapy. Includes screening tests for osteoporosis, identifying menopause symptoms, alternative and innovative treatments, exercise, diet, how to maintain post-menopausal zest, and more. A unique, common-sense guide for every woman.--Gloria Steinem.

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