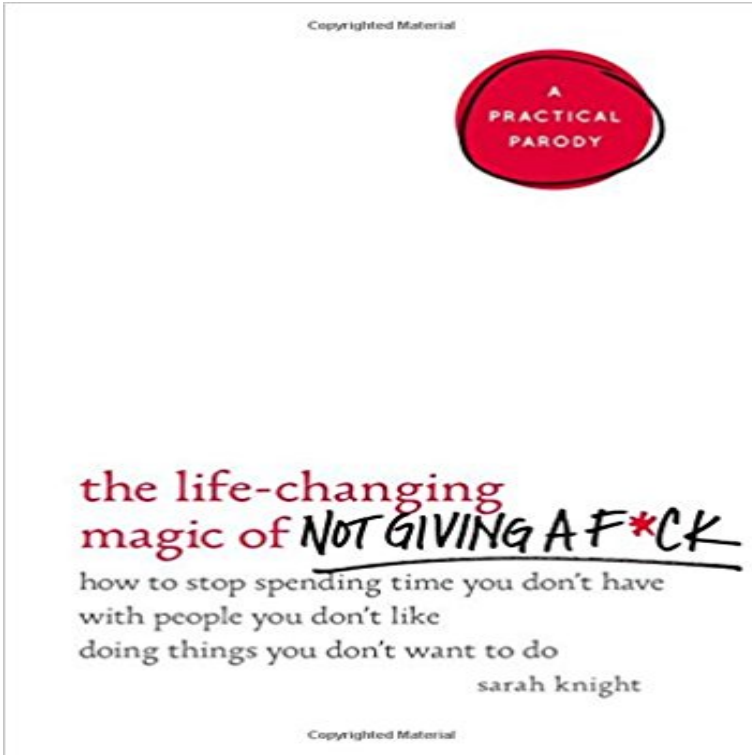


The Life-Changing Magic of Not Giving a F\*ck: How to Stop Spending Time You Dont Have with People You Dont Like Doing Things You Dont Want to Do

# The Life-Changing Magic of Not Giving a F\*ck: How to Stop Spending Time You Dont Have with People You Dont Like Doing Things You Dont Want to Do



THE GENIUS (Cosmopolitan) NATIONAL BESTSELLER ON THE ART OF CARING LESS AND GETTING MORE Are you stressed out, overbooked, and underwhelmed by life? Fed up with pleasing everyone else before you please yourself? Its time to stop giving a f\*ck. This brilliant, hilarious, and practical parody of Marie Kondos bestseller The Life-Changing Magic of Tidying Up explains how to rid yourself of unwanted obligations, shame, and guilt--and give your f\*cks instead to people and things that make you happy. The easy-to-use, two-step NotSorry Method for mental decluttering will help you unleash the power of not giving a f\*ck about: Family drama Having a bikini body Iceland Co-workers opinions, pets, and children And other bullsh\*t! And it will free you to spend your time, energy, and money on the things that really matter. So what are you waiting for? Stop giving a f\*ck and start living your best life today!

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