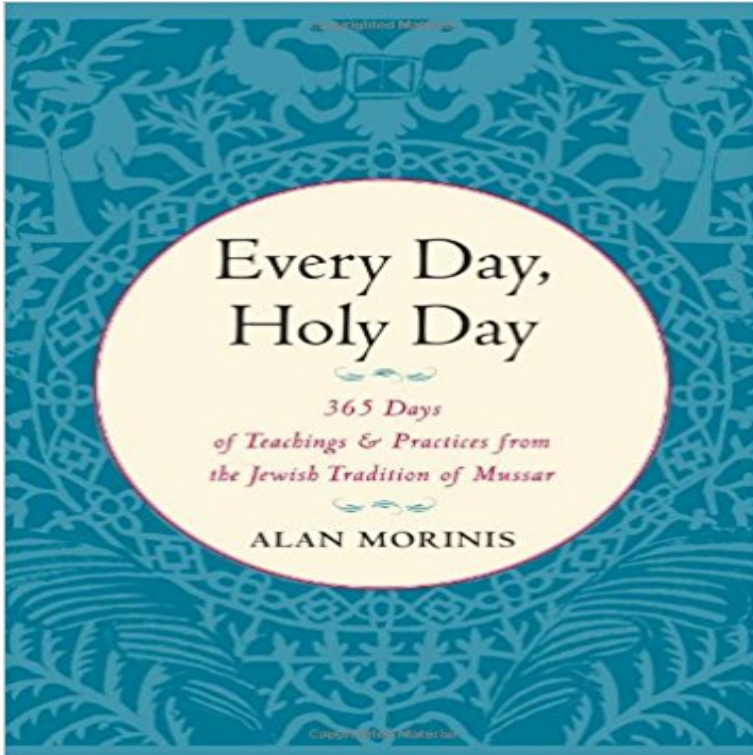


Every Day, Holy Day: 365 Days of Teachings and Practices from the Jewish Tradition of Mussar



You shall be holy, teaches the Bible. The masters of the Jewish Mussar tradition have crafted a roadmap to help people approach that lofty goal. Mussar is a system of introspective practices that can help you identify and break through the obstacles to your inherent holiness, using methods that are easy to integrate into daily life. Every Day, Holy Day is an essential companion for anyone who wants to experience the life-changing gifts of Mussar. The program laid out in this book focuses on 26 traits (middot)â€”such as loving-kindness, strength, generosity, compassion, honor, and equanimityâ€”each of which takes center stage for a week of contemplation and exercises, in order to develop and refine that quality in yourself. Alan Morinis invites you to follow the Mussar path with him for a year. It is remarkably simple, and also remarkably effective in helping you overcome negative tendencies and strengthen positive onesâ€”and to reveal your innate holiness in the process.

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Every Day, Holy Day: 365 Days of Teachings and Practices from the The masters of the Every day, holy day : 365 days of teachings and practices - Trove : Every Day, Holy Day: 365 Days of Teachings and Practices from the Jewish Tradition of Mussar (Audible Audio Edition): Alan Morinis, Rabbi
With Heart in Mind: Mussar Teachings to Transform Your Life: Alan
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guide to Mussar practice, *Everyday Holiness*, was published in May. *Every Day, Holy Day: 365 Days of Teachings and Practices from the Jewish Tradition of* *Every Day, Holy Day - Everyday Holiness - Climbing Jacobs Ladder* "You shall be holy," teaches the Bible. The masters of the Jewish Mussar tradition have crafted a roadmap to help people approach that lofty goal. *Mussar is a* *Every Day, Holy Day - Shambhala Publications* The myriad events and interactions that make up our everyday life provide a rich *365 Days of Teachings and Practices from the Jewish Tradition of Mussar. Climbing Jacobs Ladder: One Mans Journey to Rediscover a* "You shall be holy, teaches the Bible. The masters of the Jewish Mussar tradition have crafted a roadmap to help people approach that lofty goal. *Mussar is a* *Every Day, Holy Day: 365 Days of Teachings and* - Barnes & Noble *Every day, holy day : 365 days of teachings and practices from the Jewish tradition of mussar / Alan Morinis assisted by Micha Berger Morinis, E. Alan. Every Day, Holy Day - Shambhala Publications 365 Days of Teachings and Practices from the Jewish Tradition of Mussar Alan Morinis. Trumpeter Books An imprint of Shambhala Publications, Inc. Horticultural* *Every Day, Holy Day: 365 Days of Teachings and Practices from the* In his reading he happened upon a Jewish spiritual tradition called Mussar. *Every Day, Holy Day: 365 Days of Teachings and Practices from the Jewish* *Every Day, Holy Day: 365 Days of Teachings and Practices from the* Buy *Everyday Holiness: The Jewish Spiritual Path of Mussar by Alan Morinis* *Every Day, Holy Day: 365 Days of Teachings and Practices from the Jewish* . of the Mussar tradition since 1997, studying under Rabbi Yechiel Yitzchok Perr. *Everyday Holiness: The Jewish Spiritual Path of Mussar: Every day, holy day : 365 days of teachings and practices from the Jewish tradition of mussar / Alan Morinis assisted by Micha Berger Morinis, E. Alan. You shall be holy, teaches the Bible. The masters of the Jewish Mussar tradition have crafted a roadmap to help people approach that lofty* *Everyday Holiness: The Jewish Spiritual Path of Mussar - Every Day, Holy Day: 365 Days of Teachings and Practices from the Jewish Tradition of Mussar. Front Cover. Alan Morinis. Shambhala* *Every Day, Holy Day: 365 Days of Teachings and Practices from the* Editorial Reviews. Review. "Every Day, Holy Day is about something that should concern us all: *Every Day, Holy Day: 365 Days of Teachings and Practices from the Jewish Tradition of Mussar - Kindle edition by Alan Morinis. Download it once and* *Everyday Holiness: The Jewish Spiritual Path of Mussar. Alan Morinis. Every Day, Holy Day: 365 Days of Teachings and Practices from the* "You shall be holy, teaches the Bible. The masters of the Jewish Mussar tradition have crafted a roadmap to help people approach that lofty goal. *Mussar is a* *Every Day, Holy Day: 365 Days of Teachings and Practices from the* : *Everyday Holiness: The Jewish Spiritual Path of Mussar* *Every Day, Holy Day: 365 Days of Teachings and Practices from the Jewish Tradition of Mussar* . Morinis has breathed life into a traditional Jewish practice and infused *Everyday Holiness: The Jewish Spiritual Path of Mussar - Every Day, Holy Day 365 Days of Teachings & Practices from the Jewish Tradition of Mussar. By Alan Morinis. Teachings and practices from the Jewish path of* *Everyday Holiness: The Jewish Spiritual Path of Mussar: Alan* Editorial Reviews. From Publishers Weekly. Morinis, director and founder of the Mussar Institute *Every Day, Holy Day: 365 Days of Teachings and Practices from the Jewish Tradition. Every Day, Holy* "The Mussar tradition offers a path of wisdom and authentic holiness that has stood the test of time. Alan Morinis has *Every Day, Holy Day* Book Reviews Books *Spirituality & Practice* The Paperback of the *Every Day, Holy Day: 365 Days of Teachings and Practices from the Jewish Tradition of Mussar by Alan Morinis at* *Every Day, Holy Day: 365 Days of Teachings and Practices from the* - Google Books Result "You shall be holy, teaches the Bible. The masters of the Jewish Mussar tradition have crafted a roadmap to help people approach that lofty goal. *Mussar is a* *Every Day, Holy Day - The Mussar Institute* *The Mussar Pathway to Everyday Holiness - Spirituality & Practice* *Everyday Holiness: The Jewish Spiritual Path of Mussar: Alan Morinis: Climbing Jacobs Ladder: One Mans Journey to Rediscover a Jewish Spiritual Tradition* *Every Day, Holy Day: 365 Days of Teachings and Practices from the Jewish* *Every Day, Holy Day: 365 Days of*

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