

Midlife Opportunity: Power, Money and Wellbeing in Your Late 30s & Early 40s



Early midlife (ages 37-44) is a time when we can go through midlife transition or have a midlife crisis. The attainment of money and power still looms large but the third leg that provides a stable, and good life is wellbeing. This book examines the four journeys we take in early midlife and the generations of the 20th and 21st century at midlife. Wellbeing is within walking distance -- it is attainable if you choose to journey well. As the author explains, you do not need to be a millionaire; you do need to plan for the future and handle your finances responsibly. You do not need to be a Ceo of a company; you do need to be an honorable, trustworthy person with integrity in your family, among your friends and at work. You do not need to be an Ironman or a fashion model; you do need to take good care of your body, mind and spirit.

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Midlife Opportunity: Power, Money and Wellbeing In Your Late 30s Prevent or overcome midlife crisis. Power, money and wellbeing are the keys! When you reach your late 30s and early 40s you reach a significant turning point. Spring in Copenhagen Copenhagen Concierge Jessica said: Barrett Clemmensen Powell talks about power, money and wellbeing in a Midlife Opportunity: Power, Money and Wellbeing In Your Late 30s & Early 40s . Although I am past my 30s and 40s, this book still has relevant information. Barrett Clemmensen Powell - Find bogen hos Saxo - find Her book Midlife Opportunity: Power, Money and Wellbeing in Your Late 30s & Early 40s has been used to navigate the early midlife transition and avoid a midlife crisis. Retrouvez Midlife Opportunity: Power, Money and Wellbeing in Your Late 30s & Early 40s by Barrett Clemmensen Powell (2013-12-30) et des millions de livres. 30 Ways to Transform Your Life - Kindle edition by Barrett Clemmensen Powell - Pinterest Come and get your Udemmy Dragon Leadership toolkit for creating, shaping . Her book Midlife Opportunity: Power, Money and Wellbeing in Your Late 30s & Early 40s has been used to navigate the early midlife transition and avoid midlife crisis. Kasper in Midlife Crisis Barrett Clemmensen Powell Her book Midlife Opportunity: Power, Money and Wellbeing in Your Late 30s & Early 40s

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