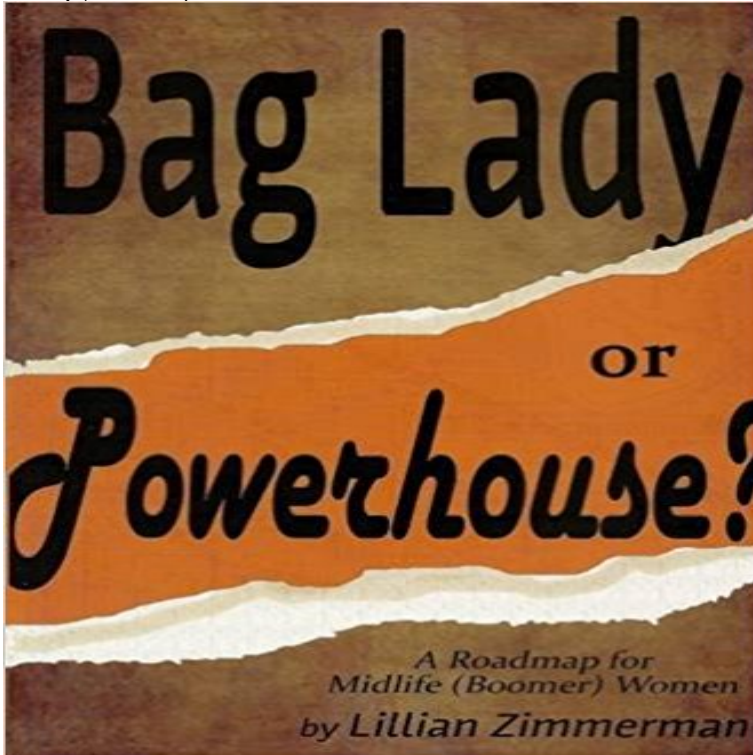


Bag Lady or Powerhouse?: A Roadmap for Midlife (Boomer) Women



Women of the Baby Boom generation have been advised to expect one of these scenarios as they get older. Which is more likely for boomer women? Instead of a fear of aging or the baglady image of insecurity, Zimmerman suggests a framework that can help boomer women to understand the situations they find themselves in as they grow older, and become advocates on their own behalfs. In opposition to the devastatingly ageist and sexist images of older women in a youth besotted popular culture, she describes the many positive aspects of future boomer women's lives; the independence they gain as they shed the roles and obligations of their younger years; the opportunities their longevity affords for future growth and development; new family dynamics of grandparenthood; the seldom heralded strengths of friendships which are cornerstones of their lives. These must be balanced against the challenges that women still face as they grow older. Using recent data, Zimmerman examines the pension system, caregiving, and workforce inequalities, and suggests needed changes. Armed with information such as this, older women will feel a surge of confidence, better prepared to become advocates for the missing revolution – that of midlife and older women.

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