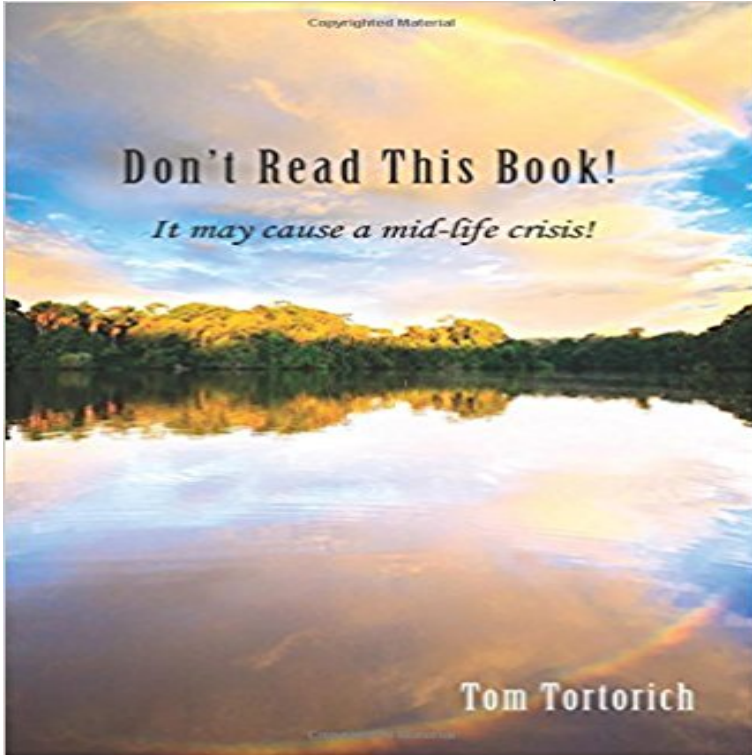


Dont Read this Book! It may cause a mid-life crisis



Manifest the Life of Your Dreams. There's nothing holding you back except excuses. A new spirituality is sweeping across culture, rooted in the fundamental truth that Consciousness creates Reality. This idea is found everywhere from Buddhism to The Secret to What the Bleep Do We Know. Taking a common sense approach, Don't Read this Book! combines elements of Buddhism with The Force (yes, from Star Wars), and encourages readers to embrace a mid-life crisis! As more individuals align with their True Path, the cultural shift already underway spreads its wings. This is The Force that has the power to maneuver the ship of civilization away from its collision course with the confluence of crises we're heading toward. Tortorich's approach is simple: through the technique of Self-Insight Meditation he teaches in his workshops, it is possible, by taking time to "know thyself," to figure out what the Life of your Dreams actually looks like. Change starts from within. By changing ourselves, we change the world. Imagine browsing the bookstore of your Soul. Find the book that's absolutely the most compelling to you, take it off the shelf, and begin living it! Live a life that's the most inspiring, miraculous story you can possibly imagine reading. Make that the story of your life!

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