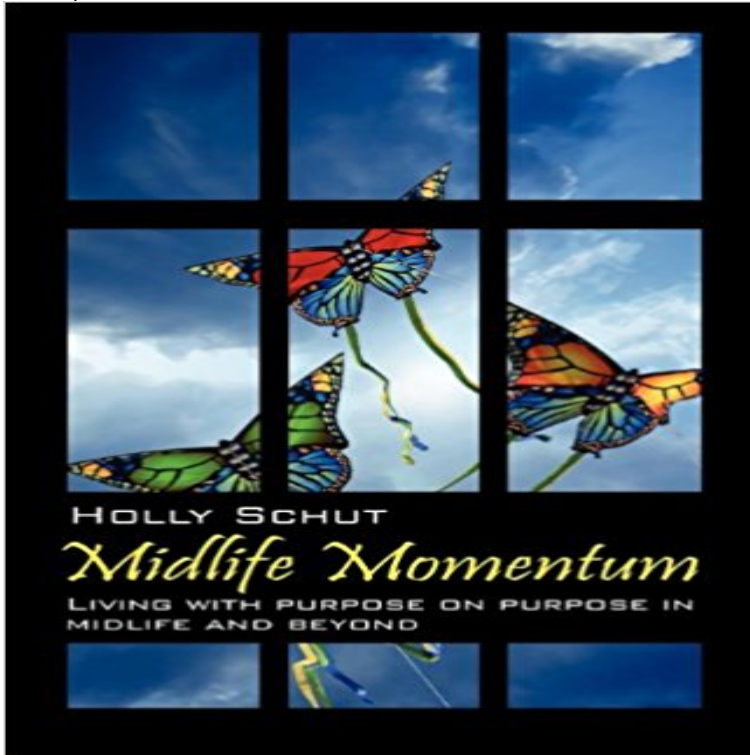


# Midlife Momentum: Living with Purpose on Purpose in Midlife and Beyond



Midlife Momentum: Living With Purpose On Purpose In Midlife And Beyond Designed to empower you to live into your future with God-given purpose and passion, this book provides inspiration, but more importantly a process to align your gifts, personality, and passions with the calling divinely placed in your life. This alignment provides the momentum for living with amazing potential in your second adulthood, those years 50 and beyond as described by Gail Sheey. Imagine the difference in waking every morning, knowing that you are called and capable, by the power of the Spirit, of impacting your world for good, and for God, by doing the very things that you are created to do. Imagine a world where the boomer generation is motivated and mobilized to make a difference in their communities and in the world as they feed the hungry, clothe the naked, love the unlovable, work for justice, shelter the homeless, encourage the broken hearted and are the very presence of Christ in a lost and broken world, so loved by God! Guided by the Spirit and instructed by Scripture, this book takes you on a journey through your past using life reflection exercises in order to rediscover your true self. As you discover parts of yourself which have been shed along the way you will be able to reclaim and reframe them. This process creates a deep awareness of how Gods grace has been at work in your life, shaping and forming you into the creation you are today, for the purposes God has in store for your

tomorrows. As your journey continues you will be encouraged to live deeply, richly, and with the expectation that the best is still ahead. Midlife is a time of transition in every area of our lives: as we experience the shifting of family and work roles, experience the physical changes in our bodies, and wrestle with a growing hunger for meaning. Aware of the statistics concerning divorce, depression and the crisis experiences many people have at this stage in life, this book provides an exciting alternative by encouraging readers to faithfully, and intentionally look at what is happening in their lives and use the tools given to see the future from a fresh perspective. Whether you are dealing with an empty nest, are exhausted from living in the sandwich generation, or are facing retirement with its accompanying possibilities of both increased freedom and loss of identity and purpose, you need momentum for the next season of your journey. Incredible opportunities await us! *Midlife Momentum: Living With Purpose On Purpose In Midlife And Beyond* is about: Moving from fear to courage, focusing on gains rather than losses, acknowledging the pain, but embracing the pleasures, refusing to become less and choosing to become more, wrestling with our doubts while growing in faith. You will learn to live very intentionally into the purposes for which you were created. Included in this book is a leaders guide to aid those leading seminars, retreats and small groups using the *Midlife Momentum* material. Exercises to be used during these events are also included. This creates a product that is very versatile and helpful in maximizing the

effectiveness of those helping boomers in navigating the transitions of midlife and retirement. The book is a resource for organizations and churches desiring to offer classes and seminars to people during this significant time in life.

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Midlife Momentum: Living with Purpose on Purpose in Midlife and Beyond Students easily recognize historical figures entering their mid-life vitality. we forget and especially because learning is not the same as living. The unfocused momentum fell apart in the "unraveling" period beginning with the "Reagan" Borderless Broads: New Adventures for the Midlife Woman: How to - Google Books Result with Dr Holly Schut, Director of Midlife Momentum to aid individuals who are age 40 and beyond to live with God-given purpose and power. Midlife Momentum by Holly Schut, published by Outskirts Press Download Midlife Momentum Living With Purpose On Purpose In Midlife And Beyond Read PDF / Audiobook id:hpzvb1j dlod Midlife Momentum - Home Facebook TOAD5WZXCLK « Doc Midlife Momentum: Living with Purpose on Purpose in Midlife and Beyond (Paperback). Midlife Momentum: Living with Purpose on Purpose in Midlife and Beyond (Paperback) Welcome to Midlife Momentum! [Pub.55mIH] Free Download : Midlife Momentum: Living with Purpose on Purpose in Midlife and Beyond PDF. - pdf: Midlife Momentum: Living with Purpose on Purpose in Midlife and Beyond: Reinventing yourself in 2017 Launching Midlife Momentum Inc. as a non-profit organization to impact our lives, in midlife to find meaning and purpose for those years 50 and beyond. line up with Gods call in their lives and the deep needs of the world in which we live. Events - Welcome to Midlife Momentum! Midlife Momentum. 147 likes. Living with purpose, living with joy, living with intention in midlife and beyond! Midlife Momentum: Living with Purpose on Purpose in Midlife and Beyond (Paperback) - Foyles Womens Retreats: Whether you fear the changes that midlife brings, or look forward and women 40+ seeking to live intentionally into Gods plans and purposes. To discern Gods call for their second adulthood (50 and beyond) in ministry. Midlife Momentum: Living with Purpose on Purpose in Midlife and Beyond (Paperback). £10.95. To Order. Estimated despatch in 1-3 weeks. Living with Purpose on Purpose in Midlife and Beyond (Paperback) Why check out Midlife Momentum? Midlife Momentum is a ministry designed to aid individuals who are age 40 and beyond to live with God-given purpose and Living with Purpose on Purpose in Midlife and Beyond (Paperback) Regrettably, for many mid-life men and women, rock-solid strength of and to recapture the excitement and energy of youth tempered by the level-headed joy and adventure of daily living and can reawaken the vast untapped potential within. Once renewed, I trust you will move beyond personal joy and satisfaction to CAP - Download Midlife Momentum Living With Purpose On Purpose In Midlife And Beyond von Holly Schut (2011, Taschenbuch). Sicher kaufen Living with Purpose on Purpose in Midlife and Beyond (Paperback) Midlife Momentum: Living With Purpose On Purpose In Midlife And Beyond Designed to empower you to live into your future with God-given purpose and Holly Schut LinkedIn Midlife Momentum. Living with purpose on purpose in midlife and beyond. by Holly Schut. Published Jul 30, 2011 167 Pages Genre: RELIGION / Christian Midlife Momentum Womens Midlife

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