

# The Holistic Home: Feng Shui for Mind, Body, Spirit, Space



Rule the world and take control of your emotional and mental health from where you sit, stand, and sleep. The Holistic Home is based on an original lifestyle concept focused on creating a dynamic, healthy, and thoughtful space within yourself and your home by combining three planes of action—mind, body, and spirit—that result in profound change. The condition of the mind affects the psychology of how you dwell: subconscious influences, decorating with intention, and allowing your emotional issues and challenges to manifest in your space. The physical aspects of your design space, such as furniture positioning, design elements, sustainability, wellness, and organization, are representative of your relationship with your body. And finally, the spirit refers to all the invisible energies within you and your home—feng shui, atmosphere, and the soul of your home. Years ago, author and holistic feng shui expert Laura Benko was diagnosed with a rare cancer. Around that time, a book serendipitously fell on her head. She took this as a much-needed sign to devote the next decade of her life to research and hundreds of transformative holistic design consultations. Her clients’ real-life, inspiring stories, along with specific actions and tips, have become the foundation for The Holistic Home. Chapter by chapter, you’ll learn how to holistically tackle it all—relationships, clutter, health, communities, inner balance, and more—by looking within your immediate environment to make

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My Book! The Holistic Home: Feng Shui Your Mind, Body, Spirit, Space Editorial Reviews. Review. After reading The Holistic Home, youll never look at your own space and self in the same way again. Laura connects the dots. Book: The Holistic Home Laura Benko Holistic Design Expert Since I had an interest in Feng Shui and a sensitivity to the energy of spaces, You authored The Holistic Home: Feng Shui for Mind, Body, Spirit, Space, The Hardcover of the The Holistic Home: Feng Shui for Mind, Body, Spirit, Space by Laura Benko at Barnes & Noble. FREE Shipping on \$25 or The Holistic Home: Feng Shui for Mind, Body, Spirit, Space Find great deals for The Holistic Home : Feng Shui for Mind, Body, Spirit, Space by Laura Benko (2016, Hardcover). Shop with confidence on eBay! The Holistic Home: Feng Shui for Mind, Body, Spirit, Space - Laura After my book , The Holistic Home: Feng Shui for Mind, Body, Spirit, Space came out, I was having a conversation with photographer Susan Buy The Holistic Home: Feng Shui for Mind, Body, Spirit, Space For the last fourteen Ive been working as a Feng Shui consultant. During this time, I lectured and taught around the country, yanking this Booktopia - The Holistic Home, Feng Shui for Mind, Body, Spirit Buy The Holistic Home: Feng Shui for Mind, Body, Spirit, Space by Laura Benko (ISBN: 9781634502344) from Amazons Book Store. Free UK delivery on The Holistic Home: Feng Shui for Mind, Body, Spirit - Goodreads The NOOK Book (eBook) of the The Holistic Home: Feng Shui for Mind, Body, Spirit, Space by Laura Benko at Barnes & Noble. FREE Shipping Holistic Home : Feng Shui for Mind, Body, Spirit, Space - Target Find product information, ratings and reviews for Holistic Home : Feng Shui for Mind, Body, Spirit, Space (Hardcover) (Laura Benko) online on . Laura Benko Holistic Design Expert Mind, Body, Spirit and Home Rule the world and take control of your emotional and mental health from where you sit, stand, and sleep. The Holistic Home is based on an original lifestyle The Holistic Home: Feng Shui for Mind, Body, Spirit, Space eBook The Holistic Home is based on an original lifestyle concept focused The Holistic Home Feng Shui for Mind, Body, Spirit, Space Laura Benko. The Holistic Home: Feng Shui for Mind, Body, Spirit, Space: Laura The Holistic Home: Feng Shui for Mind, Body, Spirit, Space eBook: Laura Benko: : Kindle Store. Mindfully Creating Holistic Spaces With Laura Benko Ivy Buy The Holistic Home: Feng Shui for Mind, Body, Spirit, Space on FREE SHIPPING on qualified orders. The Holistic Home: Feng Shui for Mind, Body, Spirit, Space: Laura The Holistic Home: Feng Shui for Mind, Body, Spirit, Space Cover Image The Holistic Home is based on an original lifestyle concept focused The Holistic Home: Feng Shui for Mind, Body, Spirit, Space The Holistic Home: Feng Shui for Mind, Body, Spirit, Space - Laura THE HOLISTIC HOME is based on an original lifestyle concept focused on creating a dynamic, healthy, and thoughtful space within yourself and your home by The Holistic Home: Feng Shui for Mind, Body, Spirit, Space: Amazon The Holistic Home: Feng Shui for Mind, Body, Spirit, Space eBook: Laura Benko: : Kindle Store. The Holistic Dog: Inside The Canine Mind, Body, Spirit, Space The Holistic Home has 19 ratings and 3 reviews. Liz said: I won a copy of this book in the Goodreads is an interesting book. It introduces The Holistic Home: Feng Shui Your Mind Body Spirit Space Laura For the last fourteen Ive been working as a Feng Shui consultant. During this time, I lectured and taught around the country, yanking this The Holistic Home: Feng Shui for Mind, Body - Its been one year since THE HOLISTIC HOME: Feng Shui for Mind, Body, Spirit, Space has come out. During that time it has been featured in dozens of The Holistic Home: Feng Shui for Mind, Body, Spirit, Space by Laura Scopri The Holistic Home: Feng Shui for Mind, Body, Spirit, Space di Laura

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